



APTAMA is pleased to announce LAMP Leadership 101  
 April 8th-9th, 2017  
 MCPHS Worcester, MA

## The Institute for Leadership in Physical Therapy LAMP Leadership Development Certificate Program

“Thank you so much for an excellent LAMP course. I am inspired to grow as a leader and can’t wait to get started.”

Tricia Catalino, LAMP 101  
 Las Vegas, Nevada 2013

“The quality of the instruction, the superior experience of the instruction team, and the diversity of the class, was nothing short of inspirational and humbling.”

Bill Hunter, LAMP 201  
 Eau Claire, Wisconsin 2013

“... my LAMP experience gave me the inspiration to realize that regardless of age or experience, we should not only hope to be leaders, but we have a responsibility... to set high standards... It was an eye-opening experience to have this opportunity...”

Jeff Welk, PT, DPT, MPH  
 Pittsburgh, PA 2010



The Health Policy and Administration (HPA) Section offers a certificate program that focuses on expanding physical therapy professionals’ leadership and professional potential by developing their leadership skills. HPA awards the leadership certificate through the Institute for Leadership in Physical Therapy’s LAMP (Leadership, Administration, Management, and Professionalism) Program, following completion of two leadership development courses and two applied leadership activities.

Personal and professional leadership are integral parts of physical therapy practice and, similar to clinical skills, leadership skills can be developed.

### LAMP CERTIFICATE PROCESS

Complete Leadership Self-Assessment



Attend Leadership 101:  
 Personal Leadership Development  
 The Catalyst for Leading Within



Complete Personal Leadership  
 Development Plan



Attend Leadership 201:  
 Advanced Leadership Development  
 The Catalyst for Leading Others



Complete Leadership 202:  
 Leadership Development Practical Application  
 Mentoring Others through Practical Application  
 Teaching Others About Leadership



Earn Leadership Program Certificate

The LAMP curriculum supports leadership development through structured self-assessment of leadership strengths and weaknesses, identification of tools needed to lead successfully, empowerment, and mentoring through applied leadership activities.

**The LAMP Leadership Certificate Program** is valuable for PT professionals currently in leadership positions, as well as clinicians who want to develop their effectiveness in patient, student and peer interactions.

[www.lampinstitute.org](http://www.lampinstitute.org)



# The LAMP Certificate Process

## **Leadership 101:**

### **Personal Leadership Development**

#### ***The Catalyst for Leading Within***

Leadership 101 is a highly interactive two-day program emphasizing the development of leadership behaviors. Several assessment tools and self-reflection are used to help participants gain an understanding of themselves and use the knowledge to develop their leadership capabilities. Topics include: creating a personal mission statement and self-assessment; conflict resolution styles, foundations of leadership; 5 practices of exemplary leadership; understanding a diversity of styles including personality, generational and leadership; creating a leadership style to align and influence others; energy and time management; mentoring and coaching; enhancing communication for improved results; empowering leadership for ethical practice; and implementing personal leadership practical applications. Upon completion of this course, participants will be able to:

- Identify and discuss the personal characteristics of an effective leader;
- Recognize the importance of accountability, values and ethics and their impact on personal leadership;
- Describe leader behaviors and communication styles that influence, align and empower others;
- Select appropriate leadership styles and actions in response to real-life scenarios;
- Formulate effective responses to conflict in a variety of situations; and
- Design a personal leadership development plan to enhance leadership skills and effectiveness

## **Leadership Practical Applications**

Leadership is a journey and LAMP provides a vehicle for participants to accelerate their leadership development in becoming the leaders they aspire to be. Leadership Practical Applications provide participants with opportunities to immediately apply leadership concepts introduced in Leadership 101 and 201 by developing and implementing plans specific to their personal goals and work settings. These applications put leadership in motion in a personally meaningful way.

### ***Personal Leadership Application– Leading Within***

After completing Leadership 101, participants will apply what they learned about their personal leadership styles through development and implementation of a personal leadership development plan. Participants will summarize lessons learned and share ideas for their Advanced Leadership Practical Application in Leadership 201.

### ***Advanced Leadership Application– Leading Others***

After completing Leadership 201, participants expand their skills through their advanced leadership application and through mentoring and teaching other professionals. After mentoring a fellow PT professional through completion of an Advanced Leadership Application and teaching selected leadership skills, participants will be awarded a Certificate of Completion from the LAMP Institute for Leadership in Physical Therapy.

## **Leadership 201:**

### **Advanced Leadership Development**

#### ***The Catalyst for Leading Others***

After completing Leadership 101 and a Personal Leadership Development Plan, participants will continue to explore and develop their leadership skills in formal and informal leadership roles in this interactive two-day course. Participants will share the results of their Personal Leadership Development Plan, showcasing insights gained in developing their personal leadership behaviors.

This course incorporates practical applications of leadership skills through engaging discussions and networking with content experts. Topics include: creating vision and leading the way; fostering adaptive and transformational leadership; creating cultures of change and innovation; leading others through conflict; building relationships and networking; implementing frameworks for leadership decision-making; building high performance teams, empowering others and fostering followership; understanding behavioral tendencies; leading and learning through failure; and developing a leadership philosophy statement.

Upon completion of this course, participants will be able to:

- Identify and discuss personal characteristics of adaptive and transformational leaders;
- Determine how to promote a shared vision that others will follow;
- Recognize the importance of establishing relational and organizational trust;
- Generate strategies to lead highly effective teams and foster followership;
- Formulate a plan to lead others through change;
- Develop effective negotiation strategies; and

## LAMP CONTACT INFORMATION

**HPA The Catalyst**  
office@aptahpa.org  
Phone: 1-877-636-4408

**LAMP Director**  
Debbie Miller  
dlm27@pitt.edu

**LAMP Applications Coordinator**  
Aaron Embry  
aembrypt@gmail.com

